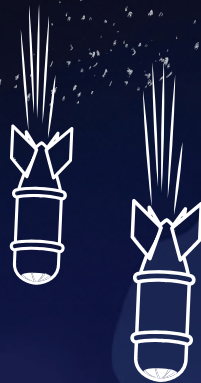




BEWARE OF
SUGAR



PRIME
DIAB-FEST 2024

Sunday 17th November 2024
Movenpick Bustan Hotel, Al Garhoud, Dubai

PRIME DIAB-FEST 2024

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Message from the Managing Director

It is my pleasure to welcome you to **PRIME DIAB-FEST 2024**. This event embodies our commitment to combat diabetes through innovative, holistic, and patient-centered approaches.

Diabetes remains a significant health challenge, impacting millions globally. At PRIME Health, we address this challenge through cutting-edge treatments and by promoting lifestyle changes that empower individuals to take control of their health.

Our motto, "*Personalised Care Personally*," reflects our dedication to providing tailored healthcare solutions. **PRIME DIAB-FEST 2024** brings together experts, healthcare professionals, and community members to share knowledge, inspire change, and work towards a healthier future.

This year's conference offers valuable insights and practical strategies for managing and preventing diabetes. Engage fully, ask questions, and learn from our distinguished speakers and each other.

Together, we can make a difference in the fight against diabetes.

Warm regards,
Dr. Jamil Ahmed
Founder & Managing Director, PRIME Health



Message from the Conference Chair

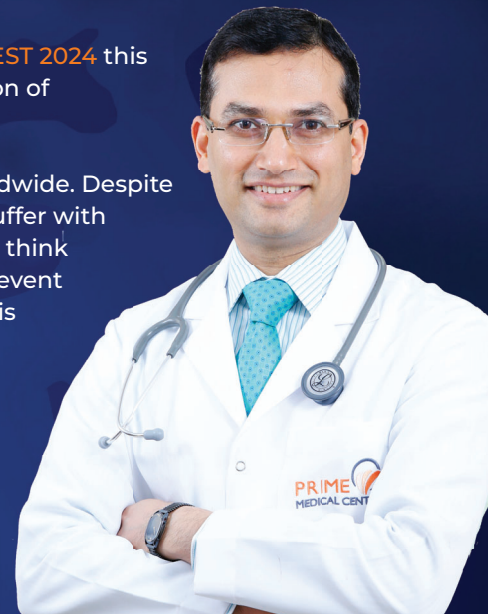
Hello Everyone,

Inspired & overwhelmed by the grand success of **PRIME DIAB-FEST 2023**, I am super excited to invite you to attend the bigger & better **PRIME DIAB-FEST 2024** this year. I would like to welcome you all to this unique conference as an extension of our *Personalised Care Personally* motto.

Diabetes is a growing pandemic affecting and killing millions of people worldwide. Despite the best of the treatments available, most of the people with Diabetes still suffer with serious complications. The objective of this conference is to make you look & think beyond the regular medication-based treatment to a holistic approach to prevent & manage Diabetes by making small changes in your day-to-day lifestyle. This time, it will be a very interactive conference & it will empower you to beat & prevent Diabetes.

I wish you a very successful conference and I hope you will achieve & maintain great health forever.

Dr. Satendra Kumar Multani
Consultant Endocrinologist and Diabetologist
PRIME Medical Center, Reef Mall & Burjuman, Dubai
(Conference Chair)





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AGENDA

Time	Topic	Speaker
9:00 am onwards	Registration & Welcome Snacks	
9:45-9.50 am	Welcome Address	Dr. Satendra Kumar Multani Conference Chair
9:50-10:10 am	Fatty Liver Disease in Diabetes - Act Now!	Moderator Dr. Piyush Somani Speaker Dr. Satendra Kumar Multani
10:10-10.40 am	Heart & Kidney Health in Diabetes – An Open Forum	Moderator Dr. Anil Kumar Panel - Cardiologists: Dr. Murali Krishna Neelakantan, Dr. Sundar Kumar Nephrologists: Dr. Krishnam Raju, Dr. Sandeep Varma
10:40-11.20 am	Lifestyle or Holistic Medicine: Yoga, Strength Training, & Reiki (with live demo)	Moderator Dr. Satendra Kumar Multani Speakers: Mr. Augustine Joseph Ms. Helly Mahesh Shah Ms. Tina Kamdar
11:20-11.40 am	Inaugural Ceremony	
	Address by Dr. Joel Rathna Kumar	Director, Prime Medical Center, Reef Mall
	Address by Dr. Adel Sissi	CMO, Prime Healthcare Group
	Inaugural Address by Dr. Jamil Ahmed	MD, Prime Healthcare Group
11.40-12.00 noon	AI – Reshaping the Future of Diabetes Management	Speaker Dr. Asiya Nabi
12.00-12.20 pm	Refreshment & Coffee Break	



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AGENDA

Time	Topic	Speaker
12:20-12.50 pm	Resolving The Diet Dilemma in Diabetes – Q & A Based Open Forum	Moderator Ms. Jinu Mary Prasad Panel Ms. Sakina Mustansir Ms. Nour Al Mahmoud Ms. Saba Mohammad Sabir
12:50 -13.20 pm	How to Create a Bullet- Proof Health Portfolio in Diabetes?	Speaker Dr. Satendra Kumar Multani
13.20-13.50 pm	Sharing Experience & Joy by Our Heroes!	Moderator Dr. Satendra Kumar Multani
13.50-14:20 pm	Diabetes & Pregnancy – A Journey from Preconception to Postpartum An Open Forum.	Moderator Dr. Ehab Al Tayeb Panel - Gynecologists: Dr. Pragati Grover Dr. Farida Pithawala Dr. Shamim Mir Dr. Geanie Dimaculangan Endocrinologists: Dr. Apsia Ruhi Dr. Darvin Vamadevandas
14.20-14.40 pm	Quiz	Dr. Minal Rijwani Manager Quality
14:40-15:00 pm	Concluding Remarks, Vote of Thanks & Prize Distribution	Ms. Jinu Mary Prasad
15.00 pm Onwards	Lunch & Closing	



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PRIME
HEALTH
Personalised Care Personally!

PATRONS



Dr. Jamil Ahmed
Founder & Managing Director
Prime Health



Dr. Tasneem Jamil
Deputy Managing Director
Prime Health



Dr. Adel Sissi
CMO, Prime Health



Dr. Joel Rathna Kumar
Director, Prime Medical Center,
Reef Mall

MODERATORS



Dr. Piyush Somani
Consultant Gastroenterologist
Prime Hospital, Dubai
Prime Specialist Medical Center – King Faisal
Prime Medical Center
Reef Mall, Deira



Dr. Anil Kumar
Consultant Endocrinologist & Diabetologist
Prime Hospital, Dubai.
Prime Medical Center
Motor City & Burjuman.



Dr. Satendra Kumar
Consultant Endocrinologist &
Diabetologist
Prime Medical Center,
Reef Mall & Burjuman



Ms. Jinu Mary Prasad
Senior Clinical Dietician,
Prime Medical Center,
Reef Mall & Burjuman



Dr. Ehab Al Tayeb
Consultant Endocrinologist & Diabetologist,
Prime Hospital, Dubai.

SPEAKERS



Dr. Satendra Kumar
Consultant Endocrinologist &
Diabetologist
Prime Medical Center,
Reef Mall & Burjuman



Mr. Augustine Joseph
Professional Yoga
Consultant and Trainer



Ms. Helly Mahesh Shah
Personal and Group
Exercise Trainer



Ms. Tina Kamdar
Holistic Healer



Dr. Asiya Nabi
General Practitioner &
Assistant Medical Director
Prime Digital - Prime Health

PANEL



Dr. Murali Krishna
Consultant Cardiology and
Specialist Interventional Cardiology
Prime Hospital, Dubai.



Dr. Sundar Kumar
Consultant Cardiology and
Specialist Interventional Cardiology
Prime Hospital, Dubai.



Dr. Krishnam Raju
Consultant Nephrologist,
Prime Hospital, Dubai



Dr. Sandeep Varma
Consultant Nephrologist,
Prime Hospital, Dubai
Prime Medical Center
Reef Mall & Burjuman.



Ms. Sakina Mustansir
Senior Clinical Dietician,
Prime Hospital
Prime Medical Center, Mizhar



Ms. Nour Al Mahmoud
Clinical Dietician
Prime Hospital



Ms. Saba Mohammad Sabir
Clinical Dietician
Prime Medical Center-King Faisal



Dr. Pragati Grover
Consultant Obstetrics and
Gynecology
Prime Medical Center
Burjuman



Dr. Farida Pithawala
Consultant Obstetrics and Gynecology
Prime Hospital and
Prime Medical Center
Reef Mall, Deira



Dr. Shamim Mir
Consultant Obstetrics and
Gynecology
Prime Hospital



Dr. Geanie Dimaculangan
Consultant Obstetrics and
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Prime Medical Center
Reef Mall, Deira



Dr. Apsia Ruhi
Consultant Endocrinologist
Prime Medical Center
King Faisal



Dr. Darvin Vamadevandas
Consultant Endocrinologist
Prime Medical Center
Burjuman & Barsha Heights